

HIV-Positive Adults in Care in Los Angeles County, Medical Monitoring Project, 2009-2014

The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, MMP interviewed 1,419 HIV-positive adults receiving care in Los Angeles County. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this factsheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

Characteristics of HIV-Positive Adults in Care in Los Angeles County, 2009-2014

- 87% were male and 11% were female
- 69% were men who have sex with men*
- 20% were black/African-American, 43% were Hispanic or Latino, and 31% were white
- 20% had been diagnosed with HIV less than 5 years at the time of their interview
- 20% had private insurance, 47% had public insurance only, 29% had Ryan White coverage only, and 3% were uninsured
- 44% had a household income at or below the poverty line
- 11% experienced homelessness

* Estimate is for 2009-2013 only

HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Los Angeles County, Medical Monitoring Project, 2009-2014*

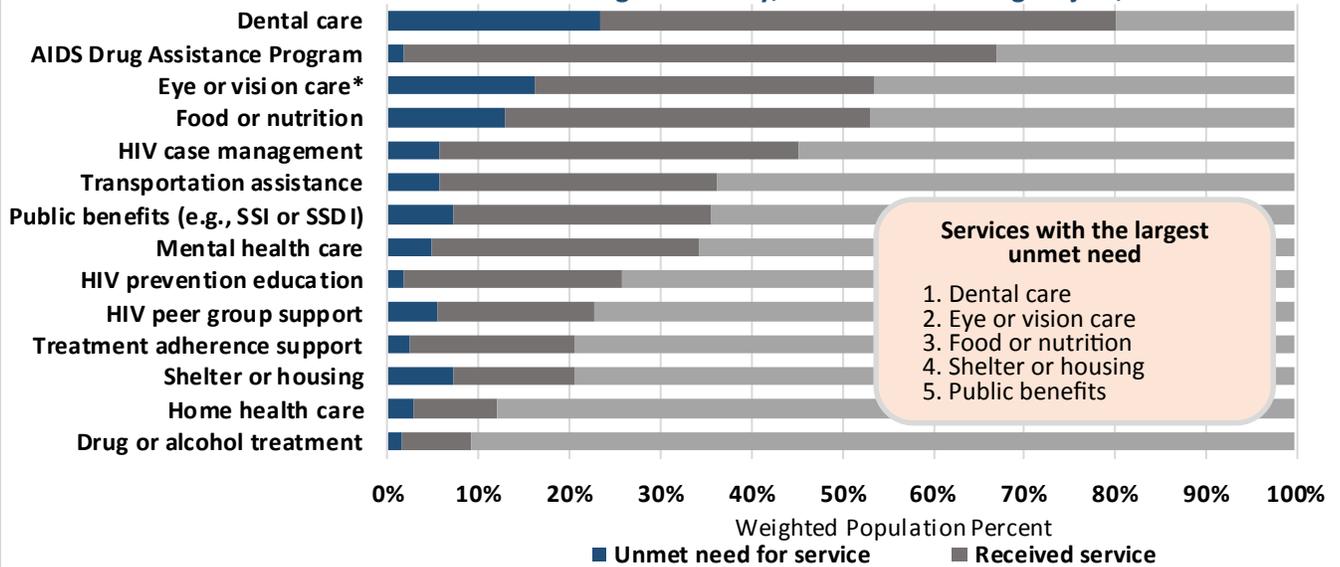
Characteristic	Prescription of ART ^{1,2} (%)	ART Dose Adherence ^{3,4} (%)	Sustained Viral Suppression ^{2,5} (%)	Receipt of Condoms ^{3,6} (%)	HIV Prevention Counseling ^{3,7} (%)
Total	93	84	69	60	32
Age					
18-29 years	82	80	44	75	45
30-39 years	88	79	67	75	47
40-49 years	93	83	65	64	35
≥50 years	96	86	78	49	22
Gender					
Male	92	84	70	62	32
Female	94	83	67	37	35
Race/Ethnicity					
Black/African-American	90	75	57	56	28
Hispanic/Latino	95	86	72	67	46
White	92	86	74	52	17
Insurance					
Any Private Insurance	90	89	76	48	20
Public Insurance Only	95	82	69	60	28
Ryan White Coverage Only	96	83	69	68	44
Uninsured	59	100	41	57	59
Sexual Behavior⁸					
MSM ⁹	92	84	69	63	30
MSW ¹⁰	93	85	66	55	34
WSM ¹¹	93	83	67	37	34

*All data are from the past 12 months unless specified otherwise; ¹Antiretroviral therapy; ²As documented in the medical record; ³Self-reported; ⁴Past three days;

⁵All viral loads in past 12 months undetectable or <200 copies/ml; ⁶Received free condoms, not counting those given by a friend, relative, or sex partner;

⁷Given by a healthcare provider; ⁸Estimates are for 2009-2013 only; ⁹Men who have sex with men; ¹⁰Men who have sex with women only; ¹¹Women who have sex with men

Met and Unmet Needs for Services among HIV-Positive Adults in Care in Los Angeles County, Medical Monitoring Project, 2009 – 2014

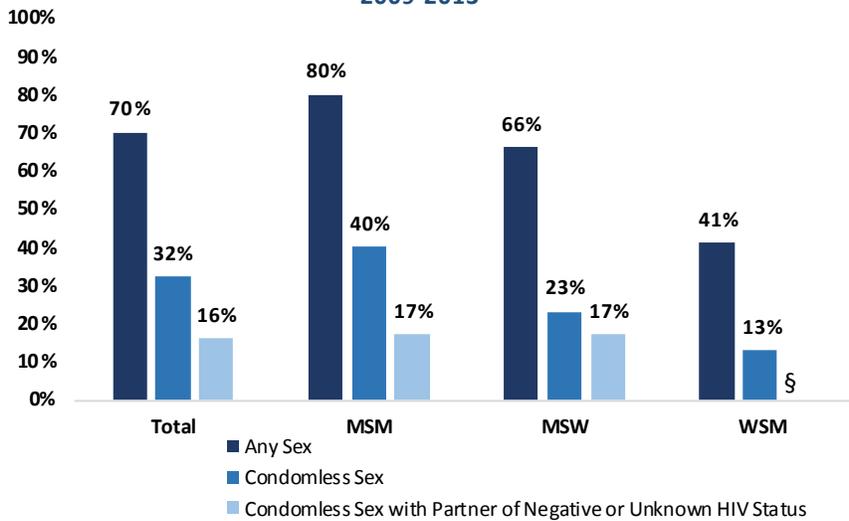


*Eye or vision care data only available in 2013 and 2014

Abbreviations: SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

Behavioral and Clinical Characteristics

Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Los Angeles County, Medical Monitoring Project, 2009-2013



Notes: §Estimates suppressed because coefficient of variation for the estimate was $\geq 30\%$; any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Substance Use¹

- 28% were current smokers
- 13% engaged in binge drinking²
- 3% used injection drugs³

¹Self-reported

²Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

³Past 12 months

STD Testing Among Sexually Active Persons in the Past 12

- 87% were tested for syphilis
- 69% were tested for gonorrhea
- 69% were tested for chlamydia

Influenza Vaccination in the Past 12 Months

- 77% received an influenza vaccine

Documentation of MMP methods can be found here: http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf

Questions? Contact us:

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<http://www.cdc.gov/hiv/statistics/systems/mmp/>
<http://www.lapublichealth.org/>

